Soul equals Soul.	You can build your spiritual self-confidence.
The MAHANTA's love for Soul is endless.	Soul exists because God loves It.
You can have a Soul adventure.	You are a star of God.
As Soul you can see from a higher point of view.	Soul lives forever.
Being more aware of God's love is like stepping into a bigger room spiritually.	Soul is a happy being.
Experiences help Soul grow.	"Be happy. Be you. Just be."
Animals are Soul too.	Creativity is Soul's gift from God.

QUESTION What is something you love about yourself?	QUESTION How do you like to show respect for others?
QUESTION Who is one person you love? What is one thing you love?	QUESTION What helps you remember the MAHANTA?
QUESTION What kind of Light do you want to see with your spiritual eyes?	QUESTION What kind of inner Temple or spiritual city would you like to visit?
QUESTION Is there a time or place in history that you really like? This can be a clue about a past life.	QUESTION What problem or question do you want to see from a higher point of view?
QUESTION When do you feel joyful and free?	QUESTION What is one of your favorite spiritual exercises?
QUESTION What are you grateful for?	QUESTION What is one thing you learned to do this year?
QUESTION What do you like to make or create?	QUESTION What is one of your favorite animals?

"The song of HU is part of you."	Soul loves experiences.
See life through spiritual eyes.	"You are Soul. Special. One of a kind."
Listen with your spiritual ears.	Get to know your true self.

QUESTION What is something new you might want to try?	QUESTION When do you like to sing HU?
QUESTION What is something unique about you?	QUESTION What can a problem teach you?
QUESTION What is a quality of Soul that you want to focus on? Freedom, kindness, wisdom, or something else?	QUESTION What spiritual sound would you like to hear with your inner ears? Violins, buzzing bees, running water, or something else?